

# RED PR

Authentic | Strategic | Dynamic

Coaching Available Online



**“If you really want to do something, you’ll find a way.  
If you don’t, you’ll find an excuse.” - Jim Rohn**

No more excuses, book a **FREE** chemistry session to find out how coaching can help you, your team and your business achieve better results today!

**T:** +353 52 6184343 | **M:** +353 87 9270730 | **E:** info@redpr.ie

Youngrove Lodge, Clerihan, Clonmel, Co. Tipperary, E91 XR50.

    [www.redpr.ie](http://www.redpr.ie)



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## WHY CHOOSE US?

Carey-Ann Lordan (EMCC, MPRII) is a communications specialist with a demonstrated history of success in the public relations, marketing, event management, corporate coaching, training and communications industry over the last 10 years. She has a wealth of knowledge and experience in coaching and has helped hundreds of clients achieve their personal, professional and organisational goals efficiently. She also serves on numerous coaching panels nationwide for both public and private sector clients.

## HOW IT WORKS?

An initial chemistry session is arranged free gratis to explain our approach to coaching and to establish if results-driven coaching with Carey-Ann is for you. Coaching sessions are approximately 1.5 hours in duration and they can be booked ad-hoc or as part of a coaching package depending on your specific requirements. Coaching packages offer a course of sessions at a discounted rate to ensure an even better return on your investment in yourself, your business or your team. Coaching is a great investment in yourself, a loved one or gift to someone you believe in, vouchers are available on request.

## WHAT OUR CLIENTS SAY?

"Coaching with Carey-Ann increased my turnover by 63% in just 2 sessions, if you want to grow your bottom line fast I highly recommend her services." Una Mc

"The results I achieved with Carey-Ann's help simply wouldn't have happened without the coaching!" Derek K

"A five-star coaching experience! I'd highly recommend it to anyone in business for themselves." Michael R

"I was stuck and Carey-Ann's professional yet warm style of coaching reframed my thinking and approach...in a single session I was literally unstuck!" Eileen M

**Unlock your true potential!**  
**Avail of your FREE chemistry session today!**

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